

Sycamore Class Timetable – 2026/2027

The development of communication skills is integrated throughout the day. Flexibility is essential to the pupils' needs - we adapt to suit their needs as required.

	9.15 to 9.30	9.30 to 10.15	Snack & Break	10.15 to 12	Lunch & Outside 12 – 1pm	Afternoon
Monday Register – Communication skills; Zones of regulation	Movement/finger gym	Literacy & Communication Motor Skills/MAPP Swing programmes	Communication Skills Social Skills Functional skills/O.T	Hydrotherapy (or walk) & Sensory Room Music & Relaxation Early lunch for 2 (RDA)	Communication Social Skills Functional Skills Health & wellbeing	- PHSE/Puberty Group - Theme/sensory art - TACPAC - Life Skills – tidying and packing. RDA for 2 pupils – with parents
Tuesday Register – Communication skills; Zones of regulation	P.E – Movement & Swimming 2 swim early slot (1 staff) 5 swim (leave 9.45am) (2 staff) (1 pupill based in school with 1 staff)		Communication Skills Social Skills Functional skill/O.T	Early swimmers in hub – learning linked to theme/MAPP Late swimmers – snack & choosing time	Communication Social Skills Functional Skills Health & wellbeing	- Group 1 – Outdoor experiences trips (bus or walking) - Group 2 - school-based 1:1 time – sensory art, theme based learning. TACPAC Life Skills – tidying and packing.
Wednesday (PPA morning) Register – Communication skills; Zones of regulation	Movement/finger gym	Shopping Group – life skills (2 staff) Sensory room music relaxation Outdoor movement & play	Communication Skills Social Skills Functional skill/O.T	Movement group Swing programmes	Communication Social Skills Functional Skills Health & wellbeing	- Art & sensory activities - Games & quiz time, linked to MAPP targets - TACPAC - Life Skills – tidying and packing - Soft play is available for play & interactive games
Thursday Register – Communication skills; Zones of regulation	Movement/finger gym	P.E in hall - Group movement activity. Swimming BB – 1 adult	Communication Skills Social Skills Functional skills/O.T	Hydrotherapy (or walk in community) – 2 staff Business - card making (art & motor skills)	Communication Social Skills Functional Skills Health & wellbeing	- Cookery/food exploration for group - 1:1 interaction/intensive interaction - TACPAC - Choices – dancing/music - Life Skills – tidying and packing
Friday (PPA morning) Register – Communication skills; Zones of regulation	Movement/finger gym	Business traybake group (Numeracy and Literacy) Learning linked to MAPP	Communication Skills Social Skills Functional skills/O.T	Movement outside – turn taking and energetic activities. Sensory art	Communication Social Skills Functional Skills Health & wellbeing	- PHSE/Puberty group - Art group Golden Time choices.