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| Aim: | Objective | Target group(s);eg Whole School, girls, boys, staff etc. | Action | Who is Responsible? | Datesfromand to: | Milestones/progress |
| To experience dance activities through different cultures | Experience and engage in dancing.Exploring a different culture. | Whole School | Book Diwali Dance coachTo deliver a workshop. | Mrs Foreman | Nov 2018 | -Students will develop their knowledge of Diwali.-Students will take part in movement to music.-Students will learn a new dance.  |
| -To further develop students understanding of different cultures-Highlight the differences between Our New Year a | Book Chinese New Yeardance celebration | Feb 2019 | -Students will develop skills to learn a new dance.-Students can take part in dressing up to dance.Students are able to express themselves through dance and using scarves.  |
| To take part or experience external coaching sessions through day workshops | To learn skipping techniques.Develop a knowledge of “a healthy life style” through becoming active. | Whole School | Book Mr Skippy to deliver a workshop | Mrs Foreman | Feb 2019 | Students will:- learn to skip.- develop a healthy hobby.- be motivated to join in and have fun. |
| To encourage students to become active at break times | To develop energetic games which are safe to play. | Whole School | -Purchase suitable age appropriate equipment.-Share game ideas with each other.-Use Youth Sport TrustStart to Play resource cards | Class LeadsBreak& LunchSupervision Staff  | Sept to July 2019 | Students will:-become more active.-increase stamina-have fun in a healthy competitive safe environment |
| **Aim:** | **Objective** | **Target group(s)****;eg Whole School, girls, boys, staff etc.** | **Action** | **Who is Responsible?** | **Dates****from****and to:** | **Milestones/****Progress**  |
| Take Part RDA at Etal | Students to travel safely on a large coach.Students to learn to ride Students to tolerate being safe and tolerant around horses. | All children on2018-19 RDA List | Students to :--become confident using appropriate safety seats-Behave safely on the bus-Be aware of horses-Learn balance and core stability. | Mrs Hunter | Sept 2018Dec 2018Feb 2019July 2019 | Students will be able: --to sit on the bus wearing the safety belt for the journey.-to mount a horse-to learn riding equipment names -to sit on a horse -to ride a horse |
| To take part in PE style activities | To access a beach walk  | Maple and Willow Class4 Boys4 Girls | To experience walking on sand and in the sea through the use of a horse and trap. | Mrs WilliamsMrs Rutherford | July/Sept 2018 | -Students experience the natural elements of the environment.-Students show pleasure and enjoyment by smiling.- Broadening their learning through different opportunities.  |
| To access a boat ride | To experience a boat trip on a river or lake  | Sept/Oct 2018 | -Enabling the student’s access to a boat trip experience.-Experiencing the thrill of seeing the changes in water and the sky.  |
| To use movement and dance in weekly PE | To use the school hall to engage students in wheelchair dancingWork Experience students to assist in facilitating the activities  | Sept 18 July 19 | -Using music and movement to assist in the promotion of healthy physical movement.-To experience different styles of music.Become comfortable with loud music. |
| **Aim:** | **Objective** | **Target group(s)****;eg Whole School, girls, boys, staff etc.** | **Action** | **Who is Responsible?** | **Dates****from****and to:** | **Milestones/****Progress**  |
| To deliver effective PE through indoor and outdoor learning | Follow occupational therapy programs Take part in drama /role play and music session both indoors and outdoors. | Elm Class | -Elm Class to participate in meaningful and purposeful outdoor play.-Purchase outdoor equipment to encourage the development of early years gross motor skills-Participate in dance and movement through experiencing different types of music. | Mrs Tait and the whole class team. | Sept 2018July 2019 | -Timetabled Sessions for outdoor play, music and drama/ role play.-Programs are in place and followed through occupational therapist advice. |
| To deliver effective and purposeful PE in collaboration with Physiotherapy plans | to follow Physiotherapy Programs by accessing hydrotherapy and using their standing frames. | Students in Maple, Willow and Elm Class | -Access Hydrotherapy as timetabled.-Use standing frames daily or as directed by physiotherapist. | Mrs WilliamsMrs RutherfordMrs Tait | Oct 2018July 2018 | -Students will be regularly stretching into a standing position.-Students develop their core stability. |
| To deliver high quality rebound therapy | to access rebound therapy at D.C Gymnastic Centre | For Willow, Maple, Elm and Sycamore Class  | -To access regular timetabled rebound therapy sessions | Mrs TaitMrs ForemanMrs WilliamsMrs RutherfordMrs Henry | Nov 2018July 2019 | -Students will increase their confidence on the trampoline.-Students will build up their time on the trampoline during rebound therapy |
| To deliver effective and fun PE lessons Indoors and Outdoors  | to participate external coach lead lessons in our school provided by Smile Through Sport | Beech ClassSycamore ClassOak Class |  “Smile Through Sport” to deliver bespoke PE sessions through the development of throwing and catching skills, kicking a ball at a specific target.Sensory PE - SycamoreSports Coaching - Oak | Miss Waugh, Mrs Tait, Mrs Henry and Mr Cookeand theirwhole class teams | Jan2019 | Students will be: --confident in safely changing direction when running.-able to follow simple instructions.-able to kick a ball at a pre agreed target. |
| **Aim:** | **Objective** | **Target group(s)****;eg Whole School, girls, boys, staff etc.** | **Action** | **Who is Responsible?** | **Dates****from****and to:** | Milestones/Progress  |
| To deliver effective and fun PE lessons Indoors and Outdoors To deliver Sports activities through Smile Through SportDodge Ball, Ball Skills,To deliver football coaching from NUFCTo deliver Tennis coaching**Aim:** | For Oak Class to attend the Swan Centre for weekly PE lessons lead by Mr CookeTo book coaching sessionsTo book 6 weeks of football coaching at The Swan Centre To book 6 weeks of Tennis coaching at The Swan Centre**Objective:** | In Oak Class7 Boys4 Girls**Target group(s)**;eg Whole School, girls, boys, staff etc. |  For Oak Class to take part in effective skills based PE lessons For Oak class to work with a coach from Smile Through SportTo develop interest in new sports and leading a healthy active lifestyleNUFC to develop their fitness levels, spatial awareness and coordination To develop an interest in Tennis and leading a healthy lifestyle.Develop knowledge of the rules of tennis.Learn to hit a tennis ball.**Action:** |  **Mr Cooke & whole class****teams.** **Who is Responsible?** | **Jan 2019****March2019** **Sept 2018****July 2019****Dates****from****and to:** | Focusing on how increasing fitness levels enable a healthy body.Progress will shown by the students engaging in the activities.BSquared Assesment targets in PE and MAPP targetsHealthy lifestyle choices To work with a Coach from Newcastle United Football Club.Develop football skills andShow that a personal achievement has been madeTo engage in a new activity which may lead to children taking an interest in a new hobby.To become more active in life and increase their knowledge of why this is important in as a life style**Milestones/Progress** |
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