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| Aim: | Objective | Target group(s)  ;eg Whole School, girls, boys, staff etc. | Action | Who is Responsible? | Dates  from  and to: | Milestones/  progress |
| To experience dance activities through different cultures | Experience and engage in dancing.  Exploring a different culture. | Whole School | Book Diwali Dance coach  To deliver a workshop. | Mrs Foreman | Nov 2018 | -Students will develop their knowledge of Diwali.  -Students will take part in movement to music.  -Students will learn a new dance. |
| -To further develop students understanding of different cultures  -Highlight the differences between Our New Year a | Book Chinese New Year  dance celebration | Feb 2019 | -Students will develop skills to learn a new dance.  -Students can take part in dressing up to dance.  Students are able to express themselves through dance and using scarves. |
| To take part or experience external  coaching sessions through day workshops | To learn skipping techniques.  Develop a knowledge of “a healthy life style” through becoming active. | Whole School | Book Mr Skippy to deliver a workshop | Mrs Foreman | Feb 2019 | Students will:  - learn to skip.  - develop a healthy hobby.  - be motivated to join in and have fun. |
| To encourage students to become active at break times | To develop energetic games which are safe to play. | Whole School | -Purchase suitable age appropriate equipment.  -Share game ideas with each other.  -Use Youth Sport Trust  Start to Play resource cards | Class Leads  Break& Lunch  Supervision  Staff | Sept to July 2019 | Students will:  -become more active.  -increase stamina  -have fun in a healthy competitive safe environment |
| **Aim:** | **Objective** | **Target group(s)**  **;eg Whole School, girls, boys, staff etc.** | **Action** | **Who is Responsible?** | **Dates**  **from**  **and to:** | **Milestones/**  **Progress** |
| Take Part RDA at Etal | Students to travel safely on a large coach.  Students to learn to ride  Students to tolerate being safe and tolerant around horses. | All children on  2018-19  RDA List | Students to :-  -become confident using appropriate safety seats  -Behave safely on the bus  -Be aware of horses  -Learn balance and core stability. | Mrs Hunter | Sept 2018  Dec 2018  Feb 2019  July 2019 | Students will be able: -  -to sit on the bus wearing the safety belt for the journey.  -to mount a horse  -to learn riding equipment names  -to sit on a horse  -to ride a horse |
| To take part in  PE style activities | To access a beach walk | Maple and Willow Class  4 Boys  4 Girls | To experience walking on sand and in the sea through the use of a horse and trap. | Mrs Williams  Mrs Rutherford | July/Sept 2018 | -Students experience the natural elements of the environment.  -Students show pleasure and enjoyment by smiling.  - Broadening their learning through different opportunities. |
| To access a boat ride | To experience a boat trip on a river or lake | Sept/Oct 2018 | -Enabling the student’s access to a boat trip experience.  -Experiencing the thrill of seeing the changes in water and the sky. |
| To use movement and dance in weekly PE | To use the school hall to engage students in wheelchair dancing  Work Experience students to assist in facilitating the activities | Sept 18 July 19 | -Using music and movement to assist in the promotion of healthy physical movement.  -To experience different styles of music.  Become comfortable with loud music. |
| **Aim:** | **Objective** | **Target group(s)**  **;eg Whole School, girls, boys, staff etc.** | **Action** | **Who is Responsible?** | **Dates**  **from**  **and to:** | **Milestones/**  **Progress** |
| To deliver effective PE through indoor and outdoor learning | Follow occupational therapy programs  Take part in drama /role play and music session both indoors and outdoors. | Elm Class | -Elm Class to participate in meaningful and purposeful outdoor play.  -Purchase outdoor equipment to encourage the development of early years gross motor skills  -Participate in dance and movement through experiencing different types of music. | Mrs Tait and the whole class team. | Sept 2018  July  2019 | -Timetabled Sessions for outdoor play, music and drama/ role play.  -Programs are in place and followed through occupational therapist advice. |
| To deliver effective and purposeful PE in collaboration with Physiotherapy plans | to follow Physiotherapy Programs by accessing hydrotherapy and using their standing frames. | Students in Maple, Willow and Elm Class | -Access Hydrotherapy as timetabled.  -Use standing frames daily or as directed by physiotherapist. | Mrs Williams  Mrs Rutherford  Mrs Tait | Oct 2018  July 2018 | -Students will be regularly stretching into a standing position.  -Students develop their core stability. |
| To deliver high quality rebound therapy | to access rebound therapy at D.C Gymnastic Centre | For Willow, Maple, Elm and Sycamore Class | -To access regular timetabled rebound therapy sessions | Mrs Tait  Mrs Foreman  Mrs Williams  Mrs Rutherford  Mrs Henry | Nov 2018  July 2019 | -Students will increase their confidence on the trampoline.  -Students will build up their time on the trampoline during rebound therapy |
| To deliver effective and fun PE lessons  Indoors and Outdoors | to participate external coach lead lessons in our school provided by Smile Through Sport | Beech Class  Sycamore Class  Oak Class | “Smile Through Sport” to deliver bespoke PE sessions through the development of throwing and catching skills, kicking a ball at a specific target.  Sensory PE - Sycamore  Sports Coaching - Oak | Miss Waugh, Mrs Tait,  Mrs Henry and  Mr Cooke  and their  whole class teams | Jan  2019 | Students will be: -  -confident in safely changing direction when running.  -able to follow simple instructions.  -able to kick a ball at a pre agreed target. |
| **Aim:** | **Objective** | **Target group(s)**  **;eg Whole School, girls, boys, staff etc.** | **Action** | **Who is Responsible?** | **Dates**  **from**  **and to:** | Milestones/  Progress |
| To deliver effective and fun PE lessons  Indoors and Outdoors  To deliver Sports activities through Smile Through Sport  Dodge Ball, Ball Skills,  To deliver football coaching from NUFC  To deliver Tennis coaching  **Aim:** | For Oak Class to attend the Swan Centre for weekly PE lessons lead by Mr Cooke  To book coaching sessions  To book 6 weeks of football coaching at The Swan Centre    To book 6 weeks of Tennis coaching at The Swan Centre  **Objective:** | In Oak Class7 Boys  4 Girls  **Target group(s)**  ;eg Whole School, girls, boys, staff etc. | For Oak Class to take part in effective skills based PE lessons  For Oak class to work with a coach from Smile Through Sport  To develop interest in new sports and leading a healthy active lifestyle  NUFC to develop their fitness levels, spatial awareness and coordination  To develop an interest in Tennis and leading a healthy lifestyle.  Develop knowledge of the rules of tennis.  Learn to hit a tennis ball.  **Action:** | **Mr Cooke & whole class**  **teams.**  **Who is Responsible?** | **Jan 2019**  **March2019**  **Sept 2018**  **July 2019**    **Dates**  **from**  **and to:** | Focusing on how increasing fitness levels enable a healthy body.  Progress will shown by the students engaging in the activities.  BSquared Assesment targets in PE and MAPP targets  Healthy lifestyle choices  To work with a Coach from Newcastle United  Football Club.  Develop football skills and  Show that a personal achievement has been made  To engage in a new activity which may lead to children taking an interest in a new hobby.  To become more active in life and increase their knowledge of why this is  important in as a life style  **Milestones/Progress** |
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