**Sycamore Class Activity Suggestions**

**Here is a list of suggestions that you can use during this period of school closure. There is no pressure to do any of them! I hope you will find something useful. I will add to the list as I think of other ideas. Please share your ideas too.**

**Music and Songs – have a search on YouTube for these -**

**Learn English Kids** – this has many songs about different topics, sung by Matt. You can join in with the words and actions.

**Singing Walrus** – also has lots of different catchy songs connected to learning topics

**Barefoot books UK singalongs –** beautiful videos and songs, some connected to favourite books.

**Other activities to try (if you want to!)**

* **Helping around the house –** cookery and baking, washing up, hoovering/sweeping up
* **Arts, crafts and messy play –** Pinterest has lots of ideas, so for example<https://www.pinterest.co.uk/topics/messy-play/> or simply search ‘Pinterest kids arts crafts’
* **Reading stories together and singing favourite songs together.**
* **Construction toys (e.g., duplo), jigsaws, any puzzles.**
* **Make your own playdough e.g.,** <https://www.bbcgoodfood.com/howto/guide/playdough-recipe>

<https://www.familyeducation.com/fun/playdough/play-doh-recipes>

* **Dressing up fun and role play games (**e.g., tea parties, pirates,super heroes)
* **If you are on Facebook or Instagram (she has a book too), look up the fiveminutemum -** for lots of simple ideas that you could try.
* **Getting outside if you have a garden –** exercise and fresh air is good! Get the wellies on and jump in puddles ☺ , or make mud pies. Trampolining. Treasure hunts. Hide and seek. Home-made obstacle courses. Building a den.
* **Indoor exercises -** we do yoga in school so you could give it a go! Anything that moves the body, with some simple stretches, balancing, twisting. I did a search ‘yoga for kids online SEN’ and there were lots to choose from, some will be better than others.There is also Joe Wicks on YouTube every day, doing work outs for kids. **There is no pressure to do this!!**
* **Cbeebies has lots of learning available on it. We still love Mr Tumble ☺**
* **Relaxation and chill time –** it is important just to relax and do not feel pressured to achieve lots of learning with your child during this time.
* **Your own activities –** you will know what your child likes to do at home so go for it! And if you have any ideas to share with other families, please let me know. Stay safe everyone xx

**Online fun learning activities**

At school we use [www.helpkidzlearn.com](http://www.helpkidzlearn.com) for fun learning. There are activities in each of these categories – early years, games, stories, creative, find out. These are good on a touch screen such as an iPad but some will work on a laptop or computer too.

They are offering reduced membership rates whilst the schools are closed.

<https://www.helpkidzlearn.com/updates/school-closure.html>

**Free resources**

Many schools make use of resources through the website [www.twinkl.co.uk](http://www.twinkl.co.uk)

Twinkl are kindly allowing parents to sign up for free so you can have access to their resource. Here is the link. Some of the resources will need printed out but there are usually e-books and powerpoints which you can download or access on a computer/laptop/tablet.

Twinkl has something for every topic, curriculum area and for every level of learner. Here is the link to sign up -

<https://www.twinkl.co.uk/sign-up>